

Stan Tatkin, PsyD, MFT

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Curriculum Vita

PROFESSIONAL INTEREST

Application of attachment theory, developmental neuroscience, and affect regulation theory as applied to couple psychotherapy. Early prevention of personality and attachment disorders

PROFESSIONAL EXPERIENCE

*Too many to list here from 2020 to date. Available upon request.

February 2012 and April 2020

Keynote speaker. International Institute for Trauma and Addiction Professionals (IITAP), Arizona, California

August 2017 – Present

Couples Retreat Leader. 1440 Multiversity, Scotts Valley, California
Every year

December 2016 - Present

Recurring presenter. The Brief Therapy Conference – presented by The Milton H. Erickson Foundation

August 2016

Presenter. TEDx Kansas City

July 2016 – Present

Couples Retreat Leader. Omega Institute, Rhinebeck, New York
Every year

April 2016 – Present

Couples Retreat Leader. Global Journeys – Costa Rica, Italy, Spain
Every other year

August 2015 – Present

Couples Retreat Leader. Kripalu Center for Yoga and Health, Stockbridge, Massachusetts
Every year

April 2015 – Present

Faculty. The Couples Conference – presented by The Milton H. Erickson Foundation and The Couples Institute
Recurring keynote speaker and workshop leader
Every year

October 2013 – Present

Founder and director. The PACT Institute, Agoura Hills, CA
Training of clinicians in the Psychobiological Approach to Couple Therapy®

June 2011 – Present

Teacher/supervisor. Turkey PACT Training Group, Istanbul, Turkey
For clinicians, meets 4 times per year

May 2011 – Present

Teacher/supervisor. Australia PACT Training Group, Sydney, Australia
For clinicians, meets 4 times per year

March 2010 – 2014

Recurring presenter, panelist. UCLA Attachment Conference, Los Angeles, California

January 2011 – Present

Couples Retreat Leader. Esalen, Big Sur, California
Every year

January 2011 – Present

Teacher/supervisor. Spain PACT Training Group, Valencia, Spain
For clinicians, meets 4 times per year

January 2011 – Present

Teacher/supervisor. Toronto PACT Training Group, Toronto, Canada
For clinicians, meets 4 times per year

January 2010 – Present

Teacher/supervisor. Boulder PACT Training Group, Boulder, CO
For clinicians, meets 4 times per year

January 2010 – Present

Teacher/supervisor. Austin PACT Training Group, Austin, Texas
For clinicians, meets 4 times per year

January 2009 – Present

Teacher/supervisor. Los Angeles PACT Training Group, Los Angeles, CA
For clinicians, meets 4 times per year

January 2008 – Present

Teacher/supervisor. Berkeley PACT Training Group, Berkeley, CA
For clinicians, meets 4 times per year

January 2006 – Present

Teacher/supervisor. Seattle PACT Training Group, Seattle, WA
For clinicians, meets 4 times per year

January 2004 – 2008

Teacher/supervisor. Calabasas Study Group, Calabasas, CA
Professional study group for mental health practitioners

January 2004

Consultant and Guest supervisor. Child Abuse Listening and Mediation (CALM), Santa Barbara, CA
Present and supervise cases from an attachment, psychobiological approach

May 2003 – 2004

Adjunct faculty. Master's Psychology Program. California Lutheran University, Thousand Oaks, CA

- Classes Taught: Lifespan Human Development
- Yearly presentations to counseling center staff

March 2003 – Present

Adjunct faculty. Masters and Doctoral Psychology Program. Santa Barbara Graduate Institute, Santa Barbara, CA

- Classes Taught: Lifespan Human Development; Infant, Child, and Adolescent Development; Neuroscience; Psychopharmacology.

July 1997 – Present

Teacher/supervisor. Kaiser Permanente, Woodland Hills, Woodland Hills, CA

- Teach and supervise first-year family medicine residents in behavioral science clinic
- Supervise all family medicine residents via observation of their medical clinic

February 2003 – June 2023

Assistant clinical professor. Family Medicine Department. University of California at Los Angeles, David Geffen School of Medicine, Los Angeles, CA

March 1995 – 2001

Adjunct faculty. Masters Psychology Program. Antioch University, Santa Barbara, Santa Barbara, CA

- Classes Taught: Lifespan Human Development; Adolescent Psychotherapy; Infant, Child, and Adolescent Development; Psychopathology (DSM-IV); Couples Psychotherapy; Theories of Personality; Group Psychotherapy; Object Relations Theory; Clinical Skills II and IV (capstone course).

June 1999 – June 2001

Adjunct faculty. Master Psychology Program. Phillips Graduate Institute, Encino, CA

- Classes Taught: Psychopharmacology, Psychopathology, DSM-IV.
- Conducted professional seminars on infant development from neurological, biological and psychological perspectives.

January 1999 – January 2000

President. California Association of Marriage and Family Therapists, Ventura County, CA

- Presided over the largest, most politically active chapter in the statewide association

June 1993 – December 1996

Program/clinical director. Charter Hospital, Addictive Disease Intensive Outpatient Program, Thousand Oaks, CA

- Held position until hospital closing.

October 1989 – May 1993

Lead group psychotherapist. Bradshaw Center, Ingleside Hospital, Rosemead, CA

January 1990 – December 1990

Clinical intern. Private practice. Linda Barone, MFT, Los Angeles, CA

October 1989 – December 1990

Lead group psychotherapist. Bradshaw Center, Life Plus Treatment Center, Panorama City, CA

October 1986 – October 1989

Clinical intern. Southern California Counseling Center, Los Angeles, CA

EDUCATION

January 1992– December 1995

Ryokan College, Los Angeles, Psy.D. in Clinical Psychology

January 1986 – December 1988

Antioch University, Los Angeles, Masters in Clinical Psychology

June 1983 – June 1986

Antioch University, Los Angeles, Bachelor of Liberal Arts, with emphasis in clinical psychology

January 1980 – January 1982

Pepperdine University, Malibu Campus

National Dean's List

PUBLICATIONS

Tatkin, S. (2022). *In Each Other's Care: A Guide to the Most Common Relationship Conflicts and How to Work Through Them*. Sounds True Publications.

Tatkin, S. (2022). *Romantic Relationships*. In T. Embleton (Ed.), *Touring and Mental Health: the Music Industry Manual*.

Tatkin, S. (2022). *Loss Avoidance Complicates Principled Romantic Relationships: The I Can't Quit You Biological Mandate of Attachment*. *Science of Psychotherapy* (July).

Tatkin, S. (2021). *What Every Therapist Ought to Know: Attachment, Arousal Regulation, and Clinical Techniques in Couple Therapy* (Original recording ed.). Boulder, Colorado: Sounds True.

Hoppe, K., & Tatkin, S. (2021). *Baby Bomb: A Relationship Survival Guide for New Parents*. Oakland: New Harbinger Publications.

Tatkin, S. (2021). How the Pandemic Has Changed Us. *Science of Psychotherapy* (January), 39-43.

Tatkin, S. (2020). PACT: Psychobiological Approach to Couples Therapy (Part 1). *Science of Psychotherapy*, 4-19.

Tatkin, S. (2020). PACT: Psychobiological Approach to Couples Therapy (Part 2). *Science of Psychotherapy*, 4-15.

Tatkin, S. (2018). *We Do: Saying Yes to a Relationship of Depth, True Connection, and Enduring Love*. Colorado: Sounds True.

Tatkin, S. (2018). *The Relationship Rx: Insights and Practices to Overcome Chronic Fighting and Return to Love*. Colorado: Sounds True.

Tatkin, S. (2017). How Couples Change: a psychobiological approach to couple therapy (PACT). In M. Solomon & D. J. Siegel (Eds.), *How People Change: Relationships and Neuroplasticity in Psychotherapy* (pp. 320). New York, New York: W. W. Norton & Company.

Tatkin, S. (2016). *Wired for Dating: How understanding neurobiology and attachment style can help you find your ideal mate*. Oakland, California: New Harbinger Publications.

Tatkin, S. (2016). *Wired for Dating: How understanding neurobiology and attachment style can help you find your ideal mate*. Oakland, California: New Harbinger Publications.

Tatkin, S. (2014). Psycho-neurobiological clinical challenges in working with disorganized partners in couple therapy: A PACT® perspective. *New Therapist Magazine* (September/October 2014), 10.

Tatkin, S. (2013). Applying a psychobiological approach to the identification and treatment of social-emotional deficits in couple therapy. *Psychotherapy in Australia*, 19(4), 12–22.

Tatkin, S. (2012). *Your Brain on Love: The neurobiology of healthy relationships*. [Audio book.] Louisville, CO: Sounds True.

Tatkin, S. (2012). *Wired for Love: How understanding your partner's brain can help you defuse conflicts and spark intimacy*. Oakland, CA: New Harbinger Publications.

- Tatkin, S. (2011). Ten Commandments for RELATIONSHIP ESSENTIALS. In J. Zeig & T. Kulbatsk (Eds.), *For Couples: Ten Commandments for Every Aspect of Your Relationship Journey*. Phoenix: Milton Erickson Foundation.
- Tatkin, S. (2011). Allergic to Hope: Angry resistant attachment and a one-person psychology within a two-person psychological system. *Psychotherapy in Australia*, 18(1), 66–73.
- Solomon, M., & Tatkin, S. (2010). *Love and War in Intimate Relationships: Connection, disconnection, and mutual regulation in couple therapy*. New York: W. W. Norton.
- Tatkin, S. (2010). Infidelity, affairs, and reparation. *New Therapist Magazine*, 69 (Sept-Oct), 7.
- Tatkin, S. (2009). A psychobiological approach to couple therapy: Integrating attachment and personality theory as interchangeable structural components. *Psychologist-Psychoanalyst: Division 39 of the American Psychological Association*, 29(3), 7-15.
- Tatkin, S. (2009). I want you in the house, just not in my room... unless I ask you: The plight of the avoidantly attached partner in couple therapy. *New Therapist Magazine*, 62(July/August), 10-16.
- Tatkin, S. (2009). Addiction to "alone time": Avoidant attachment, narcissism, and a one-person psychology within a two-person psychological system. *The Therapist*, 57(January-February), 37-45.
- Tatkin, S. (2006). A synopsis of my approach to couple therapy. *The Therapist Magazine*.
- Tatkin, S. (2005). Psychobiological conflict management of marital couples. *Psychologist-Psychoanalyst: Division 39 of the American Psychological Association*, 25(1), 20-22.
- Tatkin, S. (2005, January/February). Marital therapy and the psychobiology of turning toward and turning away, Part 2. *The Therapist*, 16, 64-86.
- Tatkin, S. (2004). A Developmental Psychobiological Approach to Therapy. *Psychologist-Psychoanalyst: Division 39 of the American Psychological Association*, 23(4), 20-22.
- Tatkin, S. (2003). Marital therapy and the psychobiology of turning toward and turning away, Part 1. *The Therapist*, 15, 75-78.

PRESENTATIONS

*Too many to list here. Available upon request.

LICENSES

September 1988 Marriage and Family Therapy (MFT), CA License # MFC-29303

AWARDS

June 2013 American Association of Marriage and Family Therapists *Teacher of the Year*

MEMBERSHIPS

October 2012 Relationships First (Harville Hendrix & Helen Hunt Thinktank)

September 2012 Board of Directors of Lifespan Learning Institute, LLC